

Subj: NSYSA Monthly Board Meeting Agenda

Date: 11-02-2015

Location:

Meadowdale Fire Station #41 7600 Old Military Rd NE Bremerton, WA 98311

# In Attendance

NSYSA Board: President - Louie Bond VP of Admin - Val Corden Competition - Bob Bjornemo VP of Awards and Recognition - Darcy Buell

#### **Club Representatives:**

BIYSC - Ian McCallum BSC - Shannon Bayne CKSC - Dawn Byron JCSC - Amy Yaley KAFC - Teneka Morley-Short

#### **Committee Representatives**

NSYSA Discipline - Bob Bjornemo Recreation Cup - Bob Bjornemo Soccer to the Maxx - Kathie Thoma

- 1. Roll Call
  - \* NSYSA Board
  - \* Club Representatives
  - \* Guest Introductions
- 2. Communications
- Approval of Minutes
   \* October

Registrar - Liming McMillian Treasurer - Steve Vonheeder Secretary - Kent Hassebrock

NKSC - Laura Alikpla NMYSC - Michelle Powell SKSC - Kathie Thoma TSC - Vicky Webb

#### **Others in Attendance**

Steve Shively - NSYSA Scheduler KPSRA -



#### Subj: NSYSA Monthly Board Meeting Agenda

- 4. Officer's Reports
  - A. President
  - B. VP of Administration
  - C. VP of Awards and Recognition
  - D. VP of Competition
    - vi of competition
- 5. Committee Reports
  - A. Development Committee
  - B. Discipline Committee
  - C. Soccer to the Maxx
  - D. Recreational Cup
- 6. NSYSA Website Administrator
- 7. Club Reports
  - A. BIFC
  - B. BSC
  - C. CKSC
  - D. JCSC
  - E. KAFC
- 8. Unfinished Business
- 9. New Business
  - \* Set up a fund via club fines to develop an NSYSA Scholarship
  - \* Clubs using fields outside of their area policy.
- 10. Good of the Game
- 11. Adjornment

- F. NKSC
- G. NMYSC
- H. SKSC
- I. TSC

Date: 11-02-2015

- E. Registrar
- F. Treasurer
- G. NSYSA Scheduler



Subj: NSYSA Monthly Board Meeting Minutes

Location:

Poulsbo Fire Station 911 Liberty Rd Poulsbo, WA 98370

#### In Attendance NSYSA Board:

President - Louie Bond - Present VP of Admin - Val Corden - Present Competition - Bob Bjornemo - Present VP of Awards - Darcy Buell - Present

#### **Club Representatives:**

BIYSC - Ian McCallum - Present BSC - Shannon Bayne - Present CKSC - Dawn Byron - Present JCSC - Amy Yaley - Excused KAFC - Teneka Morley-Short - Excused

#### **Committee Representatives**

NSYSA Discipline - Bob Bjornemo - Present Recreation Cup - Bob Bjornemo - Present Soccer to the Maxx - Kathie Thoma - Excused Date: 10-05-2015

Registrar - Liming McMillian - Present Treasurer - Steve Vonheeder - Present Secretary - Kent Hassebrock - Present

NKSC - Laurie Alikpla - Present NMYSC - Michelle Powell - Excused SKSC - Jeff Williams - Present TSC - Vicky Webb - Excused

#### **Others in Attendance**

NSYSA Scheduler - Steve Shively - Excused KPSRA - None GUEST - Joshua Criess NMYSC

- 1. Called to order at 7:35
  - \* Roll Call As noted above.
    - \* NMYSC emailed that they would not be able to attend.
    - \* JCSC emailed that they would not be able to attend.
    - \* TSC emailed that they would not be able to attend.



Date: 10-05-2015

#### Subj: NSYSA Monthly Board Meeting Minutes

- 2. Communications
  - \* To Treasurer, Steve Vonheeder
    - \* Kitsap bank account update
    - \* CKSC check for invoice 15-017
    - \* Department of L&I
    - \* Employment Security Department
    - \* SKSC check stub for invoice 15-022
    - \* KAFC check stub for invoice 15-019
    - \* BIYSC check stub for invoice 15-015
    - \* TSC invoice for 15-023
    - \* NMYSC invoice for 15-021
  - \* To VP of Competition, Bob Bjornemo
    - \* Small sided referee paperwork for Megan McKee and Mollie McKee
- 3. Approval of September Minutes

#### Motion:

Approve September minutes - Ian McCullam Second: Steve Vonheeder 9 Approve, 0 Oppose, 1 Abstain

#### 4. Officers Reports

President

- \* There was an incident at a practice at SKSC. Would like to commend Joi Haner and SKSC for their handling of the situation.
- \* SOC meeting in November. Will be discussion about the age rules that USSF is implementing in Fall of 2016.
- \* Signed the MOU Agreement with Steve Shively
- \* Communicated with Clubs and KPSRA on outstanding balances.
- \* Met with Dick Mohrmann and received some material and information on Disciplinary with was turned over to Bob Bjornemo.
- \* Met with Steve Bucy, newest member of the Disciplinary Committee.
- \* Received numerous communications from WYS which was forwared to the board and clubs.
  - \* Day of Education is slated for 11/14/2015
  - \* Sideline development
  - \* Proposed Rule and Operating Procedures for Fall 2016 changes regarding USSF.
  - \* Three separate surveys on the health and organization of WYS.



#### Subj: NSYSA Monthly Board Meeting Minutes

Date: 10-05-2015

4. Officers Reports (continued)

#### VP of Competition

- \* Only 27% of the coaches are reporting U11 and above games.
- \* Only 23% of the coaches are reporting U10 and below.
- \* Discussion about tracking records for U5-U7 and consensus is no. Tracking U8-U10 is a good idea.
- \* Bob wants sand bags on all goals.
- \* 12/15/2015. Junior High want us to move U14 to Sunday and U15 to Saturday for REC cup finals.
- \* 10 people are signed up for the Grade 8 referee clinic on the 11th, one from our area.
- \* Casts need to be covered or KPSRA will not allow the player to play.
- \* Registrars must not create new team ID numbers. This situation creates conflict and hide the true success of the teams for previous seasons.
- \* Club schedulers must mitigate late season issues for fields within their scheduling process. Schedules may be managed to allow for trading locations to support field closing.
- \* Clubs will be notified by the VP of Comp when the schedule has been forwarded to KPSRA.

Registrar:

\* No Report

Treasurer:

- \* Reconciled balance: \$86,124
- \* Outstanding Liabilities:
  \$4,160 (North Ridge Software)
  \$\$348.38 (CKSC State Player Fee refund)
  \$1.060 (Uncleared Ref payments)
- \* Paid all eligible small sided referees for weeks 1 and 2, payment direct using bank checks, much reduced time to get checks out and reduction of postage fees. Total for all clubs weeks 1 and 2: \$1,395.00
- \* Received 2015 Fall Scheduling fees from most clubs, still awaiting: NKSC (\$1,600 - invoice 15-020)
   CKSC (E-mail from CKSC states it was sent, \$1,268 - invoice 15-017)
   PAYSC



#### Subj: NSYSA Monthly Board Meeting Minutes

Date: 10-05-2015

4. Officers Reports (continued)

Treasurer (continued):

 \* The following invoices have not been paid Remaining 2014 Player fees (\$2,202.20) JCSC - \$432.60 (invoice P0046A) NKSC - \$1,265.00 (invoice P0040A) TSC - \$504.00 (invoice P0042R-1)

#### Fines

KAFC Missed BOD meetings (invoice 15-007 and 15-014)

2014 Winter State Spring scheduling (\$3,575.00) KAFC - \$3,480.00 (invoice 15-013) TSC - \$95.00 (invoice 15-011A) Reflects adjustment made at 9/15 BOD meeting.

- \* Coming up
  - \* 2015 Player Fee invoices

Get your player count squared away for reporting purposes. See Liming if any questions on what needs to be done. Also, these are expected to reflect the lower updated State player fees.

- \* 3rd Quarter L&I submission. Will submit hours after paying out weeks 3 and 4 to small sided referees.
- \* Will invoice clubs for STTM as soon as teams are finalized and received from Kathie Thoma.
- \* Reinstatement for 501C request has been sent out. The state has cashed our check for \$850.00 The association has been out of compliance since 2012. Louie credits Steve with getting us back on track.



#### Subj: NSYSA Monthly Board Meeting Minutes

Date: 10-05-2015

4. Officers Reports (continued)

#### VP of Admin

- \* Worked with Bob and Dick Mohrmann on the misconduct project.
- \* Disciplinary committee is up and running. Bob is the chair and working with Brad Wiggins at KPSRA.
- \* Working with the clubs to clear up the RMA discrepancies and get all board members cleared.
- \* Worked with Bob and Steve to remedy coach's scheduling, rosters, and match reporting.
- \* Liming said that only 20 people are RMA cleared for KAFC. Val said that a lot of KAFC persons didn't use KAFC, but NSYSA. We need to figure out how to move them to KAFC. NSYSA should not be paying for any RMA background checks. Liming, Val, and the KAFC registrar will work to correct this.

NSYSA scheduler

- \* As of September 30, 2015, NSYSA has assessed \$31,855 in scheduling fees to clubs. This exceeds 2015's budgeted forecast of \$27,515.
- \* With 578 Fall 2015 matches completed, we're receiving improved reporting from small sided referees. Currently, only 36 small sided match reports are still outstanding. This is a grand improvement over this time last year.
- \* We are running 52.4% missing match reports after three full weeks of Fall play. It doesn't matter if a match was home or away, coaches are forgetful filing their match reports. JCSC is our most responsive club with only a 12% outstanding coaches report ratio to total number of placed JCSC teams. NKSC needs the most work with over 41% of their placed teams failing to supply coach reports. Each week we send out reminders to missing reports to associated team POC, along with appropriate club officials. In addition to reminders to submit missing reports, we supply written how to tips to both coaches and club registrars. Of our 400 placed teams, only 15 rely on team Assistant Coach or Team Manager to be the POC. (Some clubs still do not have RMA cleared coaches assigned to teams) Every team with multiple members of the coaching staff is encouraged to assign paperwork to a responsive POC other than defaulting to the "Coach"
- \* Without coaches and referees reports, we don't have data for competitive bracket placement discussions in the future generated by standings, nor do we have sports-manship inputs for U11 and above REC play.



Subj: NSYSA Monthly Board Meeting Minutes

Date: 10-05-2015

4. Officers Reports (continued)

VP of Award and Recognition:

- \* Looking at coach reports. Clubs should be looking at the sportsmanship ranking as talking to coaches with questionable rankings.
- \* Start looking for people of the year in the clubs.

Secretary

- \* No Report
- 5. Committee reports
  - \* NSYSA Development Committee
    - \* No report
  - \* NSYSA Discipline Committee
    - \* One yellow card declined
  - \* REC Cup Committee
  - \* Referee committee
    - \* Committee consists Val, Dawn, and Louie and will meet 10/6 at 7:30 at Louie's house.
  - \* Soccer to the Maxx Committee
    - \* There are 43 teams registered. GU8 (10), BU8 (8) GU9 (7), BU9 (8) GU10 (7), BU10 (3) Need at least one more BU10 team.
    - \* Had to turn down one GU7 team due to there being 10 true age teams.
    - \* TSC and NKSC said that they have fields available if NMYSC or BSC can not accommodate all the teams. Both NMYSC and BSC stated they do not need to either division to another site.
    - \* Schedules will be done Monday, maybe Tuesday if I need to have Kent do them.
    - \* Kathie will send a list of teams to Steve Vonheeder for billing clubs.



#### Subj: NSYSA Monthly Board Meeting Minutes

Date: 10-05-2015

- 6. Club Reports
  - \* BIYSC
    - \* Annual Wooden Spoon tournament on 10/4. 32 teams.
    - \* Youth soccer night at BI high school at 7:00 on 10/8
    - \* Spring soccer registration will open in a month or so.
    - \* Next board meeting 10/12.
  - \* BSC
    - \* Board members have been at the home field the first couple weeks.
    - \* Recommended all coaches do the match report to report issues during the games.
    - \* Food drive was the 26th. Went very well.
    - \* AGM on November 21st.
  - \* CKSC
    - \* 1st four weeks have been successful. High referee coverage for U11 and above 100% coverage of U10 and below games. Hope to put another clinic in the spring for referees.
    - \* Working with Val to get the board updated.
    - \* Would like the small sided games blocked from self assigning. Will contact Steve.
  - \* JCSC
    - \* No Report
  - \* KAFC
    - \* No Report
  - \* NKSC

\* 10/9/2015 at 5:00 hosting a small sided referee clinic at Poulsbo Fire Station.

- \* NMYSC
  - \* No Report



#### Subj: NSYSA Monthly Board Meeting Minutes

Date: 10-05-2015

- 6. Club Reports (continued)
  - \* SKSC
    - \* HS turf field is open and scheduling games on it.
    - \* GU12 goalie was concussed during a game due to contact caused by a field player colliding with the keeper.
    - \* A BU9 team used a player not on his roster vs a NK team.
  - \* TSC
    - \* no report
- 7. Unfinished Business
- 8. New Business
  - \* Email from Amy Yaley from JCSC. How to handle out of soccer injuries and having to get doctors to release the player back to be able to play. Ambiguous notes, "Light Soccer" mean what?
  - \* Bob said that he has been fining clubs as the rules dictate. If clubs have problems with the fine, you can bring it to the board to be discussed.
  - \* Louie is going to be a roving director for Rec Cup and going to all fields to monitor games.
- 9. Good of the Game
- 10. Adjourned 10:00



Date: 05 October 23015

#### Subj: NSYSA VP of Competition October 2015 Report To the NSYSA Board

- 1. Soccer to the Maxx
  - a. Soccer to the Maxx was a great success
  - b. Many thanks to the Jamboree Director, Kathie Thoma
  - c. My thanks to the hosting Clubs
    - i. Bremerton Soccer Club
    - ii. North Mason Youth Soccer Club
    - iii. South Kitsap Soccer Club
  - d. Site field marshals spent long hours at the field. Non hosting Clubs provided no assistance.
- 2. Recreation Cup
  - a. Twenty-one teams have registered for WYS Recreation Cup. This is a drop of 50% from last year.
  - b. Six teams are in Pending status at this time.
  - c. I would like to have feedback why we do not have better participation for this tournament?
- 3. Scheduling process continues to introduce conflicts:
  - a. Team name must reflect the oldest age playing on the team.
  - b. Clubs must represent their teams with understanding. We cannot continue to create mid-season reschedules. There is very little to be gained and much churn for that bracket(s).
- 4. I have forwarded a request to NSYSA President Louie Bond for a summit meeting to be held during the late January to early February time. The need for this summit meeting are:
  - a. Introduction of the School Year age team bracketing.
  - b. Implementation of USSF / WYS mandates.
  - c. Tryout process and effects of implementation of USSF / WYS mandates.
  - d. Association Presidents development of goals and objectives for the 2016 2017 season.
  - e. Development of a Spring season.
- 5. Presidents, VP of Competition, and Registrars will all have a role in this discussion



- 6. We have had 788 Games scheduled for the Small Sided Game.
- 7. We have had 344 Games scheduled for the REC Game.
- 8. We have had 127 Games scheduled for the Comp Game.

League	Games Scheduled Through 10/25/2015	Total Games Fall 2015 Season	Games Reported By Coaches	% of Coaches Reports Submitted	Number of Games Covered by Referees	Number of Games Uncovered by Referees	% of Coverage
Small Sided	788	1262	208	13%	536	252	68%
Recreation	344	491	139	20%			
Comp	127	239	NA	NA			
Total	1259	1992					
2014							

- 9. Misconducts as a whole are doing quite well. Our numbers are low. Cards to players are astonishing low.
- 10. Misconducts resulting in Send Offs / Expulsion are alarming. All of the misconduct resulting in Expulsion has been given to coaches and parents.
  - a. I am concerned that our leaders and role models for our youth are the ones getting the most serious of misconduct. They are not meeting our expectations.
  - b. I spoke with a referee tonight who stated he would never allow his child play for the coach that was in the game he officiated this last weekend. Language and conduct where the reasons.
  - c. Referee reports are frequently reporting the negative spirit of coaches and spectators.
  - d. Coach's reports as frequently submitted with less than kind commentary of the opponents. If there are concerns, we have a process to report your concerns and it begins with your Club Boards. Should the Club Boards find merit with the concern, it will be forwarded to the NSYSA Board via the VP of Competition.
- 11. Coach reports and Referee reports ring a common theme of disrespect and vulgarity on the field. I am somewhat puzzled why I am not seeing more misconduct reports if these kinds of action are occurring on the field. But the numbers of reported



incidences does leave me to believe that there is some amount of this occurring on the field. Surprisingly, I am seeing some of these reports in the Small Sided game.

a. As stated earlier, what are the adults teaching in the practices and games? Tolerance of unacceptable conduct only magnifies itself with each day and week, if it is a allowed.

Please speak to you coaches. Express the expectation of conduct. Share with your parents and other spectators. We need to clean this up.

2015	Player	Player	Coach	Coach	Spectator
Fall	Cautions	Send Offs	Warnings	Expulsion	Expulsion
Week # 1 - 09/12/2015	1	0	0	0	0
Week# 2 - 09/19/2015	1	0	0	0	0
Week# 3 - 09/26/2015	4	0	0	0	0
Week# 4 - 10/03/2015	2	0	0	0	0
Week # 5 - 10/10/2015	0	0	0	1	0
Week # 6 - 10/17/2015	4	0	0	0	1
Week # 7 - 10/24/2015					

12. Misconducts reported for the 2015 Fall season include:

2014	Player	Player	Coach	Coach
Fall	Cautions	Send Offs	Warnings	Expulsion
Week # 1	5	0	1	1
Week # 2	7	0	0	0
Week# 3	4	1	0	0
Week# 4	2	0	0	0
Week # 5	1	0	0	0
Week# 6	2	1	1	1
Week# 7	2	1	0	0
Week# 8	2	1	0	0
Week # 9	5	0	1	0
Week # 10	3	0	0	0
Total	33	4	3	2

- 13. Rescheduled games are being managed poorly. The NSYSA Operating Procedure is specific to the process to request game changes. This process includes the following:
  - a. Coach to Coach
  - b. Agreement of coaches is communicated to Club VP of Comp



- c. Club VP of Comp forwards to NSYSA Webmaster and cc'd to NSYSA VP of Comp.
- d. Reschedules should not be for convenience sake alone. Clubs will insure backup coaches are available if needed.
- e. Proms, testing, and social events have already leaked into the schedule conflicts. We must get a handle on these areas. Last minute changes are not acceptable.
- 14.\$100 fine have been assessed to a team that failed to show due to one of these conflicts.
- 15. Multiple \$35 assessments have been assigned due to schedule churn.
- 16. Please remind your coaches that slide tackling is not allowed for the Small Sided game. A slide tackle is being interpreted as a slide to challenge the player. This is not so. This is truly misconduct. Slide tackling is a slide to play the ball. Nothing more. The small sided player does not have the experience to complete this task. But more importantly it is not allowed by rule. And so a player sliding to play the ball for a goal is not allowed by rule.
- 17. We had a bit of foul weather the other week. It did introduce a multiplicity of confusion. Many, if not most, all of us were unaware of the proper procedure which must be introduced when we hear thunder. This instruction has recently changed. I have included a copy of best practices for these situations.
- 18. Unfortunately, we had many miscommunications as a result of this weather. I will try to describe some of the events:
  - a. Coaches decide that the weather is too lousy and do not bring their teams to the field. Forfeit \$100 fine.
  - b. Coaches suspend their game because they feel the field is bad or the kids are cold. Ok I see this. But who benefits?
  - c. Earlier games play on the field and later games play on the field. But that one coach says the field is unplayable. This is winter folks.
  - d. Visiting teams show to the field and the home team fails to appear.
  - e. Coaches make decisions for their game and fail to communicate to their opponent.
- 19. President Louie has spoken about a Spring season. It was an item of my report to the 2014 - 2015 AGM. I am still hoping we can have positive talks about this opportunity.
  - a. First of all we can consider an academy style format for the U07 and below. Perhaps co-ed. Maybe only a couple Clubs would lead in this and all Clubs would participate.



- b. For U08 and above, we could have co-ed teams.
- c. A short season of 6 or less games.
- d. Referee coverage may be parents.

There are many possibilities, but the impetus of the movement cannot go forward if we do not start the communications.

20. We will have a lessons learned scheduling / registrar meeting after the season. Please save your ideas and thoughts for positive discussion during this meeting. Treasurer's Report: NSYSA November 2, 2015

Reconciled Account Balance: \$77,461.99

Outstanding Liabilities: \$348.38 – CKSC State Player Fee Refund

\$2613.99 -Uncleared Ref Payments

- Paid all eligible small sided referees for Wks 1-5 & STTM

- Invoiced Clubs for all charges to date. Next invoice will be Wks 5-8 for Small Sided Refs and 2015 Player Fees

- Unknown on RMA billing yet, nothing from state on this topic. Recommend Clubs verify what's in Affinity as this is expected to be the source of documentation.

- Received IRS notification for 501C(3) package – Expecting notification within 90 days.

- Need to close-out 2014 Soccer Year for Fees – See below

Following invoices have not been paid and represents \$15,743.20

- Remaining 2014 Player Fees (\$2202.20)
- o JCSC \$432.60 (P0046A)
- o NKSC \$1265.60 (P0040A)
- o TSC \$504.00 (P0042R-1)
- 2014 Winter-State-Spring Scheduling (\$3575)
- o KAFC \$3480.00 (Invoice 15-013)

o TSC - \$95.00 (Invoice 15-011A) Reflects adjustment made at Sep 2015 BOD Mtg

- Remaining 2015 Fall Scheduling Fees
- o NKSC \$1600.00 (Invoice 15-020)
- STTM 2015
- o NKSC 15-026 (\$220)
- o NMYSC- 15-027 (\$1080)
- o SKSC 15-028 (\$1575)

- o TSC 15-029 (\$1430)
- Small Sided Refs Wks 1-4
- o NKSC 15-032 (\$20)
- o NMYSC 15-033 (\$480)
- o SKSC 15-034 (\$1272)
- o TSC 15-035 (\$1209)
- Fines
- o BIYSC 15-036 (\$100) Forfeit
- o JCSC 15-037 (\$200) Forfeit
- o KAFC 15-007 (\$50) Missed BOD meetings / 15-014 (\$50) Missed BOD meetings / 15-041 (\$245) Reschedule Fines
- o NMYSC 15-038 (\$200) Forfeit
- o SKSC 15-039 (\$135) Forfeit/Reschedule
- o TSC 15-040 (\$100) Forfeit

I have e-mailed all invoices to Club Presidents and Treasurer's at the e-mail addresses listed on the Club website. If any Club needs another copy of an invoice, please let me know.

S. Vonheeder

**NSYSA** Treasurer

360-516-9638

# NSYSA October 2015 Scheduler – Webstaff report

#### Associations scheduling fee income continues, care of STTM and fines

Soccer To The Max (STTM) hosted 44 teams from 4 clubs, generating \$4,835 in additional scheduling fees and tournament registration for the Association. Thanks to **Kathie Thoma** and her team for administering this year's STTM.

So far this season NSYSA has assessed various Club's additional scheduling fees or fines totaling \$745. **NSYSA VP of Comp and Treasurer** are processing this report.

#### Match Reporting Progress

With six weeks of Fall 2015 play completed our 1,058 Small Sided & Recreation matches played thus far give opportunity for 2,116 combined coaches reports – and in the case of U11+ Sportsmanship ratings – to have been filed. Stats (below) indicate that Coaches are actively looking at Schedules, Standings as well as Match Reports on the NSYSA site. Clubs are working with coaches to help get 338 currently outstanding Coaches Match Reports filed.

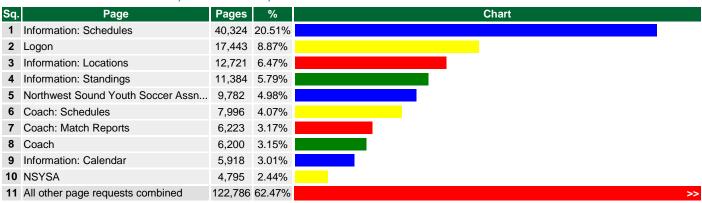
Many Clubs have shown great effort in reducing their percentage of missing coach's reports from previous levels. However **CKSC** and **PAYSC** are the only clubs with not at least one team who has failed to report a single match thus far this season.

Reminders –

- Without Coaches and Referee match reports we don't have data for competitive bracket placement discussions in the future generated by standings, nor do we have sportsmanship inputs for U11 and above Rec play.
- In addition to weekly reminders to submit missing reports we supply written and video "How To" tips to both coaches **and** Club Registrars.
- Every team with multiple members of the coaching staff is encouraged to assign paperwork, (i.e. pre-game roster printing and post-game coaches' match reporting), to a responsive POC other than defaulting to "Coach".

#### Transitions at KAFC

Kitsap Alliance Football Club (**KAFC**) produces our highest scheduling volume, in many parts due to the nature of their NPSL and RCL play. Your NSYSA Scheduler has a very close and frequent relation with the KAFC Scheduler. KAFC has notified us that their Scheduler, **Patty Zeitler**, will be stepping down mid November. A new Scheduler has not yet been identified. May thousands of e-mails, and much thanks, to Patty for her hard work on behalf of Westsound / KAFC.



#### NSYSA Fall Season 2015 System Activity

#### State Recreational Cup scheduling will be up next.

Applications for Rec Cup consideration are scheduled to close soon!

#### Respectively submitted -

Steve Shively, NSYSA Scheduler / Webstaff "Soccer is simple, but it is difficult to play simple." - Johan Cruijff

# **USSF YOUTH SOCCER**

#### **Lightning Safety Outdoors**

Each year, about 400 children and adults in the U.S. are struck by lightning while working outside, at sports events, on the beach, mountain climbing, mowing the lawn or during other outdoor activities. About 80 people are killed and several hundred more are left to cope with permanent disabilities. Many of these tragedies can be avoided. Finishing the game, getting a tan, or completing a work shift aren't worth death or crippling injury.

 $\cdot$  All thunderstorms produce lightning and are dangerous. Lightning kills more people each year than tornadoes.

 $\cdot$  Lightning often strikes as far as 10 miles away from any rainfall. Many deaths from lightning occur ahead of the storm because people try and wait to the last minute before seeking shelter.

 $\cdot$  You are in danger from lightning if you can hear thunder. If you can hear thunder, lightning is close enough that it could strike your location at any moment.

 $\cdot$  Lightning injuries can lead to permanent disabilities or death. On average, 20% of strike victims die; 70% of survivors suffer serious long term effects.

 $\cdot$  Look for dark cloud bases and increasing wind. Every flash of lightning is dangerous, even the first. Head to safety before that first flash. If you hear thunder, head to safety!

 $\cdot$  Blue Skies and Lightning. Lightning can travel sideways for up to 10 miles. Even when the sky looks blue and clear, be cautious. If you hear thunder, take cover. At least 10% of lightning occurs without visible clouds in the sky.

#### The Single Most Dangerous Place

Outdoors is the most dangerous place to be during a lightning storm. When lightning is seen or thunder is heard, or when dark clouds are observed, quickly move indoors or into a hardtopped vehicle and remain there until well after the lightning storm ends. Listen to forecasts and warnings through NOAA Weather Radio or your local TV and radio stations. If lightning is forecast, plan an alternate activity or know where you can take cover quickly.

The U.S. lightning season is summer but lightning can strike year round! The Fourth of July is historically one of the most deadly times of the year for lightning. In summer, more people are outside, on the beach, golf course, mountains or ball fields. Outdoor jobs such as construction and agriculture, and outdoor chores such as lawn mowing or house painting are at their peak, putting those involved in danger.

#### Safety Rules

1. Postpone activities promptly. Don't wait for rain. Many people take shelter from the rain, but most people struck by lightning are not in the rain! Go quickly inside a completely enclosed building, not a carport, open garage or covered patio. If no enclosed building is convenient, get inside a hard-topped all-metal vehicle. A cave is a good option outside but move as far as possible from the cave entrance.

2. Be the lowest point. Lightning hits the tallest object. In the mountains if you are above tree line, you ARE the highest object around. Quickly get below tree line and get into a grove of small trees. Don't be the second tallest object during a lightning storm! Crouch down if you are in an exposed area.

3. Keep an eye on the sky. Look for darkening skies, flashes of lightning, or increasing wind, which may be signs of an approaching thunderstorm.

# **USSF YOUTH SOCCER**

4. Listen for the sound of thunder. If you can hear thunder, go to a safe shelter immediately.

5. If you see or hear a thunderstorm coming or your hair stands on end, immediately suspend your game or practice and instruct everyone to go inside a sturdy building or car. Sturdy buildings are the safest place to be. Avoid sheds, picnic shelters, baseball dugouts, and bleachers. If no sturdy building is nearby, a hard-top vehicle with windows closed will offer some protection. The steel frame of the vehicle provides some protection if you are not touching metal.

6. Listen to NOAA Weather Radio. Coaches and other leaders should listen for a tone-alert feature during practice sessions and games.

7. If you can't get to a shelter, stay away from trees. If there is no shelter, crouch in the open, keeping twice as far away from a tree as it is tall.

8. Avoid leaning against vehicles. Get off bicycles and motorcycles.

9. Get out of the water. It's a great conductor of electricity. Stay off the beach and out of small boats or canoes. If caught in a boat, crouch down in the center of the boat away from metal hardware. Swimming, wading, snorkeling and scuba diving are NOT safe. Lightning can strike the water and travel some distance beneath and away from its point of contact. Don't stand in puddles of water, even if wearing rubber boots.

10. Avoid metal! Drop metal backpacks, stay away from clothes lines, fences, exposed sheds and electrically conductive elevated objects. Don't hold on to metal items such golf clubs, fishing rods, tennis rackets or tools. Large metal objects can conduct lightning. Small metal objects can cause burns.

11. Move away from a group of people. Stay several yards away from other people. Don't share a bleacher bench or huddle in a group.

#### What to do if someone is struck by lightning:

 $\cdot$  Call for help. Call 9-1-1 or your local ambulance service. Get medical attention as quickly as possible.

 $\cdot$  Give first aid. If the victim has stopped breathing, begin rescue breathing. If the heart has stopped beating, a trained person should give CPR. If the person has a pulse and is breathing, address any other injuries.

• Check for burns in two places. The injured person has received an electric shock and may be burned. Being struck by lightning can also cause nervous system damage, broken bones, and loss of hearing or eyesight. People struck by lightning carry no electrical charge that can shock other people. You can examine them without risk.

#### **Stay Informed About the Storm**

Listen to NOAA Weather Radio or local media for the latest severe thunderstorm WATCHES and WARNINGS. Severe thunderstorms are those storms with winds in excess of 58 mph or hail larger than 3/4 inches in diameter. When conditions are favorable for severe weather to develop, a severe thunderstorm WATCH is issued.

Weather Service personnel use information from weather radar, satellite, lightning detection, spotters, and other sources to issue severe thunderstorm WARNINGS for areas where severe weather is imminent. Remember, however, that ALL thunderstorms produce deadly lightning.

For more information visit the National Weather Service web site at <a href="http://www.lightningsafety.noaa.gov/">http://www.lightningsafety.noaa.gov/</a>

# Parents Are an Important Part of the Team, Too

October 10, 2014

From helping a child first connect with the game, to encouraging their positive growth and development, parents are an essential part of a young player's life — before, during and after the game. The behavior you exhibit on the sidelines throughout the season has a serious impact on both your player and his/her teammates, and it is your responsibility as a parent to make sure you are following proper sideline etiquette.

To help you prepare for your role in the season to come, Michael Langlois, author of "How Well Do You Communicate? A Guide to Better Communication with Players and Parents for Youth Soccer Coaches" and a frequent contributor to NSCAA.com, offers a reminder of little things we, as parents and team supporters watching from the sidelines, can do this State Cup and spring season to ensure success for all:

- Make positive comments from the sideline. Be encouraging. Young athletes need
  positive reinforcement and encouragement. Even small encouragements can go a long
  way to boost a young player's confidence and, in turn, performance. Their coaches will
  instruct them, either during the game or at halftime, and during practices. We can often
  see a young player make that extra effort when they hear encouraging words from the
  sideline about their hustle. Some good encouragements include: "Great Job, Blue Team!"
  "Nice Hustle, Johnny!" "Great Shot!" "Nice Teamwork!" "Good Ball!" and so on.
- 2. Respect all participants of the game, including referees. It's important to remember that referees are a key piece of the game and it is crucial to support their role with respect. It is the main goal of the referee to make the game safe and fun for the children your support can help them achieve that goal. Referees, many of whom are youth themselves, are human and will make mistakes at times just like the players. They are learning the game, too. As adults, it is our responsibility to ensure their learning process is supported with positive reinforcement and constructive criticism, not negative pressure from the sidelines. Your attitude towards referees will not only have a direct impact on the referees, but can set the tone for your players, their team and your fellow parents as well. Fostering the growth of our local referees will make them better referees in the future, and increase the number of outstanding, experienced refs for your children's games.

- 3. If you have a suggestion for your child's coach, arrange a time to meet or discuss away from other parents or players. It's important that players have confidence and respect for their coaches. If you have an issue with your child's coach either regarding game strategy, playing time or other team-related issues arrange an appointment to meet privately, away from a soccer field. This makes sure that your issue receives the attention it deserves from the coach, while not undermining his or her authority with the team.
- 4. **Respect and support your fellow soccer parents and spectators.** Remember that when it comes to youth soccer, we are talking about youngsters, not adults who are being paid to play professionally. Keep your interaction with parents on the other team as healthy and positive as possible. Of course, both team's parents want their children to win, but it's more important that the kids have fun, learn self-respect and build life skills for their futures.
- 5. Before you speak or act, ask yourself, "Will I be proud of what I am about to say or **do** when I reflect on it tomorrow?" We don't excuse athletes for doing inappropriate things in the "heat of the moment" (there are cards, penalties, suspensions, etc.), so we should apply similar standards to ourselves. Sometimes, just taking a second to consider the impact of your actions can be enough to help you hit the brakes.
- 6. On the ride home, focus on the positives from the game. Whether it is a coach's decision, a referee's call, a comment that was made, or some other aspect of the game that has yourself or your child upset after the game let it go. Go home, relax and unwind. Talk positively with your child. The ride home is sometimes as important as the game itself. Make that time a good memory for your son or daughter by discussing as many positives as you can about him/her, the coach, teammates, etc.

# Los padres son una parte importante del equipo , demasiado

# 10 de octubre 2014 16:01

Desde ayudar a un niño conecte primero con el juego, a fomentar su crecimiento y desarrollo positivo , los padres son una parte esencial de la vida de un joven jugador - antes, durante y después del partido . El comportamiento que exhibe en el banquillo durante toda la temporada tiene un grave impacto en su reproductor y su / sus compañeros de equipo , y es su responsabilidad como padre para asegurarse de que usted está siguiendo la etiqueta de banda adecuado .

Para ayudarle a prepararse para su papel en la temporada por venir, Michael Langlois, autor de " ¿Qué tan bien se comunica ? Una guía para una mejor comunicación con los jugadores y los padres para Entrenadores de Fútbol Juvenil " y colaborador habitual de NSCAA.com, ofrece un recordatorio de las pequeñas cosas que nosotros, como padres y partidarios de las personas que miran desde la barrera, puede hacer esta Copa del Estado y de la temporada de primavera de asegurar el éxito para todos:

- Hacer comentarios positivos de la línea lateral. Sea alentador. Los atletas jóvenes necesitan el refuerzo positivo y estímulo. Incluso los pequeños estímulos pueden recorrer un largo camino para aumentar la confianza de un jugador joven y, a su vez, el rendimiento. Sus entrenadores instruirlos, ya sea durante el juego o en el descanso, y durante las prácticas. A menudo podemos ver a un jugador joven hacer un esfuerzo extra cuando escuchan palabras de aliento de la banda acerca de su ajetreo. Algunos buenos estímulos incluyen : "Gran trabajo, el equipo azul ! " "Nice Hustle, Johnny " " Great Shot! " "Nice Trabajo en equipo " " Buena Bola ! " Y así sucesivamente! !.
- 2. Respetar a todos los participantes del juego , incluidos los árbitros . Es importante recordar que los árbitros son una pieza clave del juego y es crucial para apoyar su función con respeto. Es el objetivo principal del árbitro para que el juego sea seguro y divertido para los niños su apoyo puede ayudar a lograr ese objetivo . Los árbitros , muchos de los cuales son los propios jóvenes , son humanos y cometen errores a veces al igual que los jugadores . Ellos están aprendiendo el juego , también. Como adultos , es nuestra responsabilidad asegurar que su proceso de aprendizaje es apoyado con el refuerzo positivo y la crítica constructiva , no de presión negativa desde la barrera . Su actitud hacia los árbitros no sólo tendrá un impacto directo sobre los árbitros , pero puede establecer el tono para sus jugadores, su equipo y sus compañeros de los padres también. Fomentar el crecimiento de nuestros árbitros locales les hará mejores árbitros en el futuro, y aumentar el número de pendientes, árbitros experimentados para los juegos de sus hijos .

- 3. Si tiene una sugerencia para el entrenador de su hijo, organizar una cita para reunirse o hablar lejos de otros padres o jugadores. Es importante que los jugadores tienen la confianza y el respeto de sus entrenadores. Si usted tiene un problema con el entrenador de su hijo ya sea en relación con la estrategia de juego, tiempo u otros problemas relacionados con el equipo jugando concertar una cita para reunirse en privado, lejos de un campo de fútbol. Esto asegura que su problema recibe la atención que merece por parte del entrenador , sin socavar su autoridad con el equipo.
- 4. respeto y el apoyo de sus padres fútbol compañeros y espectadores. Recuerde que cuando se trata de fútbol juvenil, estamos hablando de los jóvenes, no a los adultos que se están pagando para jugar profesionalmente. Mantenga su interacción con los padres en el otro equipo lo más saludable y positiva posible. Por supuesto, los padres de ambos equipos quieren a sus hijos a ganar, pero es más importante que los niños se divierten, aprenden respeto de sí mismo y construir habilidades para la vida para su futuro.
- 5. Antes de hablar o actuar, pregúntese: "¿Voy a estar orgulloso de lo que voy a decir o hacer cuando reflexiono sobre ello mañana? " No nos excusamos atletas para hacer cosas inapropiadas en el " calor del momento " ( hay tarjetas , sanciones , suspensiones , etc) , por lo que deben aplicarse normas similares a nosotros mismos. A veces , simplemente tomar un segundo para considerar el impacto de sus acciones puede ser suficiente para ayudarle a golpear los frenos.
- 6. En el viaje a casa , se centran en los aspectos positivos del juego . Ya se trate de la decisión del entrenador, la llamada de un árbitro , un comentario que se hizo, o algún otro aspecto del juego que tiene usted o malestar después del partido a su hijo dejarlo ir . Vete a casa , relajarse y descansar . Hable positivamente con su hijo . El viaje a casa es a veces tan importante como el juego en sí . Hacer ese momento un buen recuerdo para su hijo o hija discutiendo tantas cosas positivas que pueda acerca de él / ella, el entrenador , compañeros de equipo , etc